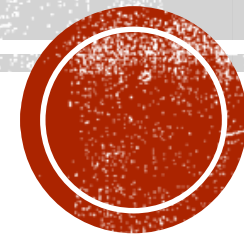


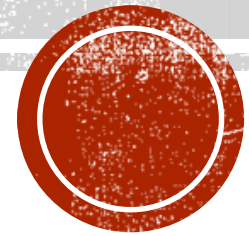
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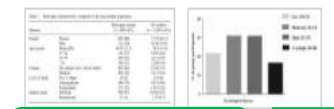
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1. Health and wellbeing in students with very high psychological distress from a regional Australian university.



By: Mulder, Ann M.; Cashin, Andrew. *Advances in Mental Health*. 2015, Vol. 13 Issue 1, p72-83. 12p. Abstract: Health and **wellbeing** in **students** from a regional Australian university was assessed. The aim of the study was to explore the health profile of **students** with very high levels of psychological distress compared to **students** with low distress levels. Through an online survey, health and **wellbeing** characteristics were determined. Very high psychological distress (Kessler-10) was reported by 16.5% of **students**; items contributing most to distress related to feeling tired, nervous and 'everything being an effort'. **Students** with very high levels of distress were, over the previous 30 days, unable to work or study for 10 days and needed to cut down on work for an additional 12 days. Forty-eight percent reported very high financial stress while 83% could not find \$2,000 within a week for something important. Twentyseven percent reported a disability; 63% of these reported a mental health disorder. Twentytwo percent felt bullied within the university while 64% felt bullied outside the university. Ninety-six percent reported low mental **wellbeing**, while just over 50% 'rarely' or 'none of the time' liked themselves, felt close to others, or felt confident. They reported the lowest level of help-seeking from friends and family and the highest level of internet use. In conclusion, these **students**, representing nearly one-sixth of all **students** from the university reviewed, were a highly vulnerable cohort requiring significant care and support. [ABSTRACT FROM AUTHOR] DOI: 10.1080/18374905.2015.1035618. (AN: 110144272)

**Subjects:** COLLEGE **students** -- Mental health; RESEARCH; WELL-being -- Psychological aspects; DISTRESS (Psychology); FINANCIAL stress; SCHOOL bullying





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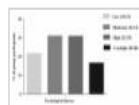
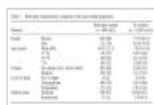
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Academic  
Journal

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### 2. Assessing students' wellbeing in a spatial dimension.



Academic  
Journal

By: Fleuret, Sébastien; Prugneau, Jérôme. Geographical Journal. Jun2015, Vol. 181 Issue 2, p110-120. 11p. 1 Diagram, 6 Charts, 1 Map. Abstract: This paper examines the issues related to the double-sided dimension of **wellbeing**: subjective and objective. In the theoretical framework developed by Fleuret and Atkinson (2007, The New Zealand Geographer 63 106-29), spaces of **wellbeing** are shaped by four dimensions (spaces of security, spaces of capability, therapeutic spaces and integrative spaces). In the case of the **student** population in Angers, we observe a major imbalance: the component that really stands out is capability, which is quite logical because **students** are a population in a transition between youth and adulthood. The results reveal that the **student** population has a specific relation to space due to a transitory presence in the university town, with, as a consequence, a simultaneous embedding in different places. This could explain why the **students** do not perceive the characteristics of place to be a major influence on their **wellbeing**; instead it is the perception they have of their **wellbeing** that influences their perception of place. [ABSTRACT FROM AUTHOR] DOI: 10.1111/geoj.12098. (AN: 102702727)

Subjects: STUDENTS -- Health; UNIVERSITY towns; HEALTH; GEOGRAPHY; FRANCE



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Very high psychological distress (Kessler-10) contributing most to distress related to feeling 'out of control'. Students with very high levels of distress reported needing to work or study for 10 days and needed to cut back on work or study for 48 days. Forty-eight percent reported very high financial distress within a week for something important. Twenty-two percent reported a mental health disorder. Twenty-

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